

TEXAS BEST ORGANIC RICES - NUTRITION FACTS

Rice: 100% Organic Jasmine Brown Rice.

Package: 32 Oz Stand Up Pouch.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 19

Amount Per Serving

Calories 170 **Calories from Fat** 20

% Daily Value*

Total Fat 2g **3%**

Sodium 0mg **0%**

Total Carbohydrate 32g **11%**

Dietary Fiber 1g **4%**

Protein 4g

Iron 2%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Jasmine Brown Rice.

Package: 25 Lbs Paper Bag

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 236

Amount Per Serving

Calories 170 **Calories from Fat** 20

% Daily Value*

Total Fat 2g **3%**

Sodium 0mg **0%**

Total Carbohydrate 32g **11%**

 Dietary Fiber 1g **4%**

Protein 4g

Iron 2%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Jasmine White Rice.

Package: 32 Oz Stand Up Pouch.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 19

Amount Per Serving

Calories 170 **Calories from Fat** 5

% Daily Value*

Total Fat 0.5g **1%**

Sodium 0mg **0%**

Total Carbohydrate 32g **11%**

Dietary Fiber less than 1g **4%**

Protein 3g

Iron 2%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Jasmine White Rice.

Package: 25 Lbs Paper Bag

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 236

Amount Per Serving

Calories 170 **Calories from Fat** 5

% Daily Value*

Total Fat 0.5g **1%**

Sodium 0mg **0%**

Total Carbohydrate 32g **11%**

Dietary Fiber less than 1g **4%**

Protein 3g

Iron 2%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Long Grain Brown Rice.

Package: 32 Oz Stand Up Pouch.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 19

Amount Per Serving

Calories 170 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

Sodium 0mg **0%**

Total Carbohydrate 32g **11%**

Dietary Fiber less than 1g **4%**

Protein 3g

Iron 4%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Long Grain Brown Rice.

Package: 25 Lbs Paper Bag.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 236

Amount Per Serving

Calories 170 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

Sodium 0mg **0%**

Total Carbohydrate 32g **11%**

Dietary Fiber less than 1g **4%**

Protein 3g

Iron 4%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Long Grain White Rice.

Package: 32 Oz. Stand Up Pouch.

Nutrition Facts

Serving Size 1/4 cup dry (48g)
Servings Per Container approx 19

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 0g **0%**

Sodium 0mg **0%**

Total Carbohydrate 33g **11%**

Dietary Fiber less than 1g **4%**

Protein 3g

Calcium 2% • **Iron** 2%

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, sugars, vitamin A and vitamin c.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Long Grain White Rice.

Package: 25 Lbs Paper Bag.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 236

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 0g **0%**

Sodium 0mg **0%**

Total Carbohydrate 33g **11%**

Dietary Fiber less than 1g **4%**

Protein 3g

Calcium 2% • Iron 2%

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, sugars, vitamin A and vitamin c.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Medium Grain Brown Rice.

Package: 25 Lbs paper Bag.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 236

Amount Per Serving

Calories 170 **Calories from Fat 10**

% Daily Value*

Total Fat 1.5g **2%**

Sodium 0mg **0%**

Total Carbohydrate 37g **12%**

Dietary Fiber less than 1g **4%**

Protein 4g

Iron 4%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Medium Grain White Rice.

Package: 25 Lbs Paper Bag.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 236

Amount Per Serving

Calories 170 **Calories from Fat** 5

% Daily Value*

Total Fat 0g **0%**

Sodium 0mg **0%**

Total Carbohydrate 38g **13%**

 Dietary Fiber less than 1g **4%**

Protein 3g

Iron 2%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Rice: 100% Organic Southern Delight Rice.

Package: 16 Oz. Stand Up Pouch.

Nutrition Facts

Serving Size 1/4 cup dry (48g)

Servings Per Container approx 9 1/2

Amount Per Serving

Calories 170 **Calories from Fat** 5

% Daily Value*

Total Fat 0g **0%**

Sodium 0mg **0%**

Total Carbohydrate 37g **12%**

Dietary Fiber 3g **12%**

Protein 4g

Iron 2%

Not a significant source of saturated fat, trans fat, cholesterol, sugars, vitamin A, vitamin c and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.